



**Courts 1&2 @ Harrison Family YMCA**  
July 14th - August 12th

1000 Independence Drive  
Rocky Mount, NC 27804  
2529729622

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>5am</b>	<b>Open Play</b> Gym Monitor 5am - 11am	<b>Open Play</b> Gym Monitor 5am - 11am	<b>Open Play</b> Gym Monitor 5am - 11am	<b>Open Play</b> Gym Monitor 5am - 11am	<b>Open Play</b> Gym Monitor 5am - 11am		
<b>7am</b>						<b>Open Play</b> Gym Monitor 7am - 9am	
<b>9am</b>						<b>Hot Hoops Games</b> Gym Monitor 9am - 12pm	
<b>11am</b>	<b>Open Play</b> Gym Monitor 11am - 1pm	<b>Open Play</b> Gym Monitor 11am - 1pm	<b>Open Play</b> Gym Monitor 11am - 1pm	<b>Open Play</b> Gym Monitor 11am - 1pm	<b>Open Play</b> Gym Monitor 11am - 1pm		
<b>12pm</b>						<b>Open Play</b> Gym Monitor 12pm - 3pm	
<b>1pm</b>	<b>Open Play</b> Gym Monitor 1pm - 3pm	<b>Open Play</b> Gym Monitor 1pm - 3pm	<b>Open Play</b> Gym Monitor 1pm - 3pm	<b>Open Play</b> Gym Monitor 1pm - 3pm	<b>Open Play</b> Gym Monitor 1pm - 3pm		<b>Adult Summer League Games</b> Gym Monitor 1pm - 5pm
<b>3pm</b>	<b>Open Play</b> Gym Monitor 3pm - 5pm	<b>Open Play</b> Gym Monitor 3pm - 5pm	<b>Open Play</b> Gym Monitor 3pm - 5pm	<b>Open Play</b> Gym Monitor 3pm - 5pm	<b>Open Play</b> Gym Monitor 3pm - 5pm	<b>Open Play</b> Gym Monitor 3pm - 5pm	
<b>5pm</b>	<b>Open Play</b> Gym Monitor 5pm - 7pm	<b>Open Play</b> Gym Monitor 5pm - 7pm	<b>Open Play</b> Gym Monitor 5pm - 7pm	<b>Hot Hoops Basketball Practice</b> Gym Monitor 5:30pm - 7:30pm	<b>Open Play</b> Gym Monitor 5pm - 7pm		
<b>7pm</b>	<b>Open Play</b> Gym Monitor 7pm - 9pm	<b>Open Play</b> Gym Monitor 7pm - 9pm	<b>Open Play</b> Gym Monitor 7pm - 9pm	<b>Open Play</b> Gym Monitor 7:30pm - 9pm	<b>Open Play</b> Gym Monitor 7pm - 9pm		

For your safety, it is recommended you consult your physician prior to starting any exercise program. **Open Play** - Court is open to anyone who wishes to play. Beginning at 11am on courts 1 & 2 in the main gym, sessions lasting two hours will begin. The gym will be cleared after each session for the next group to play. Sign in for each session is required.



**Family Basketball Gym @ Harrison Family YMCA**  
July 14th - August 12th

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Rocky Mount, NC 27804  
2529729622

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	<b>Open Play</b> Gym Monitor 5am - 9am	<b>Open Play</b> Gym Monitor 5am - 9am	<b>Open Play</b> Gym Monitor 5am - 9am		<b>Open Play</b> Gym Monitor 5am - 9am		
7am						<b>Open Play</b> Gym Monitor 7am - 9am	
8am				<b>Pickleball</b> Sharon Simons 8am - 3pm			
9am	<b>YMCA Camp</b> Gym Monitor 9am - 12pm	<b>YMCA Camp</b> Gym Monitor 9am - 10am	<b>YMCA Camp</b> Gym Monitor 9am - 10am		<b>YMCA Camp</b> Gym Monitor 9am - 10am	<b>Hot Hoops Games</b> Gym Monitor 9am - 10am	
10am		<b>Open Play</b> Gym Monitor 10am - 11am	<b>Open Play</b> Gym Monitor 10am - 11am		<b>Open Play</b> Gym Monitor 10am - 2pm	<b>Open Play</b> Gym Monitor 10am - 5pm	
11am		<b>YMCA Camp</b> Gym Monitor 11am - 12pm	<b>YMCA Camp</b> Gym Monitor 11am - 12pm				
12pm	<b>Open Play</b> Gym Monitor 12pm - 3pm	<b>Open Play</b> Gym Monitor 12pm - 2pm	<b>Open Play</b> Gym Monitor 12pm - 3pm				
1pm							<b>Open Play</b> Gym Monitor 1pm - 5pm
2pm		<b>YMCA Camp</b> Gym Monitor 2pm - 5pm			<b>YMCA Camp</b> Gym Monitor 2pm - 5pm		
3pm	<b>YMCA Camp</b> Gym Monitor 3pm - 5pm		<b>YMCA Camp</b> Gym Monitor 3pm - 5pm	<b>Open Play</b> Gym Monitor 3pm - 5pm			
5pm	<b>Open Play</b> Gym Monitor 5pm - 9pm	<b>Open Play</b> Gym Monitor 5pm - 9pm	<b>Open Play</b> Gym Monitor 5pm - 9pm	<b>Hot Hoops Basketball Practice</b> Gym Monitor 5:30pm - 6:30pm	<b>Open Play</b> Gym Monitor 5pm - 9pm		
6pm				<b>Open Play</b> Gym Monitor 6:30pm - 9pm			

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**YMCA Camp** - YMCA Summer Camp