

BUILDING A HEALTHY WORKFORCE

Corporate Membership
HARRISON FAMILY YMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Increased Productivity
Employee Stress Relief
Better Time Management
Improved Memory Retention
Decreased Employee Absenteeism
Reduced Health Care Costs

The Many Benefits of a Y Membership...

Full Use of the facility
 Aerobics Classes
 Water Fitness Classes
 Open Swim
 Cardio Area
 Free Weights
 Strength Equipment
 Walking Track
 Spa/Sauna

Child Watch Care
 Program Discounts
 Coach Approach Program
 New Member Orientation
 Loyal Member Recognition
 Racquetball & Pickle ball
 Basketball Gym
 Giving & Volunteer
 Opportunities

With a Corporate Y Membership, you will be advertised as a community partner and will have opportunities to showcase your business in Y events throughout the year.

Please see front desk for membership referral details

Hours of operation: **M-F:5:30AM-8PM** **SAT:9AM-2PM**

HARRISON FAMILY YMCA | 1000 Independence Drive Rocky Mount, NC | 252-972-9622 | www.harrisonfamilyY.org

Membership Category	Standard Monthly Rate	Standard Joining Fee	Employee Joining Fee	Corporation pays this much a month (Will vary)	Employee pays this much a month	Description
Young Adult	\$33	\$30	\$0	\$3	\$30	Young adult ages 19 to 29
One Adult	\$44	\$30	\$0	\$3	\$41	One adult ages 30 to 59
Two Adults	\$60	\$50	\$0	\$3	\$57	Two adults living in the same household
One Adult Plus	\$56	\$30	\$0	\$3	\$53	One adult & dependents, 22 & under, living in the same household
Two Adult Plus	\$72	\$50	\$0	\$3	\$69	Two adults & dependents, 22 & under, living in the same household
Three Adult Plus	\$87	\$50	\$0	\$3	\$84	Three adults & dependents, 22 & under, living in the same household
One Senior	\$39	\$30	\$0	\$3	\$36	One adult ages 60 and over
Two Seniors	\$54	\$50	\$0	\$3	\$51	Two adults living in the same household where one is age 60+

