



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



TIME WITH THE FAMILY TIME FOR YOURSELF Friday Fun Nights!



REGISTRATION IS REQUIRED FOR ALL EVENTS THE THURSDAY BEFORE!

PARENTS' NIGHTS OUT

Parents can drop off the kids for a night full of fun while you enjoy some time to yourself. Pizza, snack & juice provided.

- Sep. 14th Swimming**
- Oct. 12th Let's Go Lego**
- Dec. 14th Winter Olympics**
- Jan. 11th Active Arcade**
- Feb. 8th Art+Science=Messy**
- March 8th Sports!**
- April 12th Swimming**
- June 14th Le'go Again**
- July 12th Splash Games**

Time: 5:30-8pm
Fee: \$10/YMCA Members | \$15/ Community Members
Ages: 5-12; 5 yr olds must be in Kindergarten
Location: YMCA Multi-Purpose Room

FAMILY NIGHTS

The Y offers a place to come together and have a good time as a family. We encourage families to participate in a variety of fun activities at the Y, share, communicate and strengthen their relationships, and meet other families.

- Dec. 7th Movie Night**
- March 1st Game Night**
- May 3rd Kickball & Picnic Night**
- July 26th Swim & Movie Night**

Time: 5-8pm
Fee: FREE!
Ages: All Families



HARRISON FAMILY YMCA
1000 Independence Drive Rocky Mount, NC 27804
P 252 972 9622 harrisonfamilyY.org

REGISTER HERE!

Parent/Contact Person _____ D/O/B _____

Address _____

Email _____ Phone _____

Emergency Contact _____ Phone _____

Child 1 First and Last Name _____ D/O/B _____

Child 2 First and Last Name _____ D/O/B _____

Child 3 First and Last Name _____ D/O/B _____

Child 4 First and Last Name _____ D/O/B _____

SCHEDULE

(Please check which course you are registering for below)

PARENTS' NIGHTS OUT

- | | |
|---|--------------------------|
| <input type="checkbox"/> Sep. 14 th | Swimming |
| <input type="checkbox"/> Oct. 12 th | Let's Go Lego |
| <input type="checkbox"/> Dec. 14 th | Winter Olympics |
| <input type="checkbox"/> Jan. 11 th | Active Arcade |
| <input type="checkbox"/> Feb. 8 th | Art+Science=Messy |
| <input type="checkbox"/> March 8 th | Sports! |
| <input type="checkbox"/> April 12 th | Swimming |
| <input type="checkbox"/> June 14 th | Le'go Again |
| <input type="checkbox"/> July 12 th | Splash Games |

FAMILY FRIDAY FUN NIGHTS

- | | |
|--|------------------------------------|
| <input type="checkbox"/> Dec. 7 th | Movie Night |
| <input type="checkbox"/> March 1 st | Game Night |
| <input type="checkbox"/> May 3 rd | Kickball & Picnic Night |
| <input type="checkbox"/> Jan. 11 th | Swim & Movie Night |

WAIVER OF LIABILITY: I understand and agree that the Rocky Mount Family YMCA, Inc. (d/b/a Harrison Family YMCA) nor co-sponsoring organizations or their respective chapters, officers, directors, employees, agents, members or volunteers shall assume or have any responsibility or liability for expenses or medical treatment or form compensation for any injury may suffer during or resulting from my participation in this program. I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages that I may have or that may hereafter accrue to me arising out of or in any way connected with my participation in this program. I also represent and warrant that I have been advised to seek consultation from my doctor about whether I can safely participate in this program and whether there are precautions or limitations to my participation. I also grant permission to the Y to use any photographs or videography that are obtained as part of this program for future Y advertising and promotions.

Signature

Date _____