

REGISTER HERE

Participant First & Last Name _____

D/O/B _____ Age _____

Gender: M F Unspecified

Address _____

City _____ Zip _____

Email _____

Phone _____

Contact Person Information (This person is who we will communicate with for the program.)

Name _____

Work # _____

Cell # _____

Email _____

D/O/B _____

I am registering for:

Beginner 1 Class (pick day) Mon Thurs

Beginner 2 Class

Intermediate 1 Class (pick day) Mon Thurs

Intermediate 2 Class

I hereby consent for my child to participate in this program and agree to release the Harrison Family YMCA, league volunteers and sponsors from any claims that may arise from injuries suffered while participating in the program. I also grant permission to the Y to use any photographs or videography that are obtained as part of this program for future Y advertising and promotions.

Signature _____ Date _____

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
ROCKY MOUNT, NC
PERMIT NO. 290

HARRISON FAMILY YMCA
1000 Independence Drive
Rocky Mount, NC 27804
P 252-972-9622
harrisonfamilyY.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN DISCIPLINE

Martial Arts

HARRISON FAMILY YMCA



ABOUT THE MARTIAL ARTS PROGRAM

Martial arts is a general term for different traditions of combat practice that exist in many cultures around the world. These traditions teach a combination of self-defense, competition, mental discipline and personal development through a blend of Japanese and Korean disciplines.

Martial arts classes at the Y consist of warm-up stretches, kicking, forms, cool-down stretches and meditation.

CHARACTER DEVELOPMENT

All programs focus on developing the character value traits of **HONESTY, CARING, RESPECT & RESPONSIBILITY.**

AGES

5 - Adult

LOCATION

YMCA Multi-Purpose Room



DAYS & TIMES

Program begins September 10th, 2018 and runs through May 2019. If you are unsure of which class level best fits the student, the instructor will make a class level suggestion.

Beginner	Intermediate
Mondays 5-6pm	Mondays 6:15-7:15pm
Thursdays 5-6pm	Thursdays 6:15-7:15pm

MONTHLY FEES

YMCA Members	Community Members
\$45 2 classes per week	\$55 2 classes per week
\$25 1 class per week	\$30 1 class per week



WELCOME TO ALL

Financial Assistance is available to those who apply and qualify. Annual Support Campaign Funds are raised each year to help provide this program to the community. Please ask for a financial assistance form at the front desk or download from our website.

INFO TO KNOW

Uniforms can be purchased from the front desk.

If the child is enrolled in after-school care, they will receive 15% off of program fee.

Students can be walked to Martial Arts from YMCA after-school by counselors.

Parents/families will not be allowed to stay in the program area. They can attend on show days, which will be the last Thursday of each month.

Proper Karate attire: Comfortable shorts or pants & tee shirt or Karate Uniform.

Monthly draft option available.

Parent sign in/sign out required.

15% of the program fee will be non-refundable should the registration be cancelled by the registrant. 100% will be refunded should the program be cancelled by the Y.

There is \$10 fee for returned payments.

Pricing is per monthly session.

REGISTRATION

You may register by filling out the form in this brochure or online at harrisonfamilyy.org/programs