REGISTER HERE

Participant First & Last Name

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Signature			Date	



HARRISON FAMILY YMCA 1000 Independence Drive Rocky Mount, NC 27804 P 252-972-9622 harrisonfamilyY.org





FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

LEARN DISCIPLINE

Martial Arts



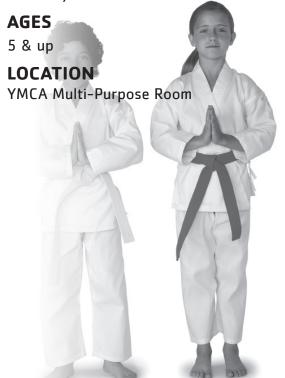
ABOUT THE MARTIAL ARTS PROGRAM

Martial arts is a general term for different traditions of combat practice that exist in many cultures around the world. These traditions teach a combination of self-defense, competition, mental discipline and personal development through a blend of Japanese and Korean disciplines.

Martial arts classes at the Y consist of warm-up stretches, kicking, forms, cool-down stretches and meditation.

CHARACTER DEVELOPMENT

All programs focus on developing the character value traits of HONESTY, CARING, RESPECT & RESPONSIBILITY.



PROGRAM DATES & TIMES

September 5th - May 28th.

If you are unsure of which class level best fits the student, the instructor will make a class level suggestion.

Beginner	Intermediate	
Mondays 5-6pm	Mondays 6:15-7:15pm	
Thursdays 5-6pm	Thursdays 6:15-7:15pm	

MONTHLY FEES

YMCA	Community
Members	Members
\$45 2 classes	\$55 2 classes
per week	per week
\$25 1 class	\$35 1 class per
per week	week



WELCOME TO ALL

Financial Assistance is available to those who apply and qualify. Annual Support Campaign Funds are raised each year to help provide this program to the community. Please ask for a financial assistance form at the front desk or download from our website.

INFO TO KNOW

Uniforms can be ordered through the YMCA at a \$20 fee at the front desk.

If the child is enrolled in after-school care, they will receive 15% off of program fee.

Students can be walked to Martial Arts from YMCA after-school by counselors.

Parents/families will not be allowed to stay in the program area. They can attend on show days, which will be the last Thursday of each month.

Proper Karate attire: Comfortable shorts or pants & tee shirt or Karate Uniform.

Monthly draft option available.

Parent sign in/sign out required.

15% of the program fee will be non-refundable should the registration be cancelled by the registrant. 100% will be refunded should the program be cancelled by the Y.

There is \$10 fee for returned payments.

Pricing is per monthly session.

REGISTRATION

You may register by filling out the form in this brochure or online at harrisonfamilyy.org/programs