Best Summer Ever! Harrison Family YMCA Summer Camp Week 3



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Director's Corner

Welcome to the BEST SUMMER EVER! I hope your child has been telling you about all the fun and exciting things going on at camp! We have a wonderful group of kids here! On field trip days please make every effort to arrive early so your child does not miss the bus. A permission form must be completed for each trip to allow your child to go.

Please sign up for Remind to receive urgent information. Text to 81010 under messages enter @ymcafuture -Tracy Dodrill

Weekly Schedule:

Spirit Day: Every Wednesday is Spirit Day. Week 3 is YMCA Value day. Wear the 4 colors that represent our values.

Theme of the Week: Science Rocks

Track Out Choices: Gymnastics (all ages), Music & Movement (4-7) STEM with Girl Scouts (4-7) Summer Crafts (4-7), Floor Hockey (8+), Mystery Cooking (8+) or It's Rockin' (8+)

Field Trip: Our field trip this week will be on Wednesday for 4-7 year olds and Thursday for 8 and up to the Aurora Fossil Museum. Please have your child here by 8:00 for breakfast and to load the bus!

Swimming Pool:

- 4-5 year olds Wednesdays 3:25-4:00
- 6-7 year olds Tuesdays 3:15-4:00
- 8-9 year olds Fridays 10:00-11:00
- 10 and up Fridays 1:15-2:00

Rock Wall:

- 4-5 year olds Wednesdays 1:15-2:00
- 6-7 year olds Wednesday 2:00-2:45
- 8-9 year olds Fridays 1:15-2:00
- 10 and up Fridays 3:15-4:00

Around The Y..

June 22 Kickball and Picnic Family Fun Night

June 26 Tots Play Social

July 10 Family Dive In Movie Night (in the pool)

July 14 Gymnastics Tumbling Clinic

July 20 Active Arcade & Parent's Night Out

July 26 Gymnastics Parent's Night Out

August 3 Gymnastics Open Gym

Important Information

Summer Camp Hours: Monday through Friday from 6:30 AM to 6:00 PM

Meals: We will serve breakfast from 8:00-9:00, and lunch from 12:00-1:00. An afternoon snack is also provided. . To stay with compliance of state regulations, if your child brings their own snack/meal please keep in mind the following: beverages must be 2% while milk, 6 ounces of 100% real juice or plain water. No soda, flavored water or sugared drink is allowed. Additionally, fast food, chips of any sort or snack with 8 grams of sugar or more per serving is not allowed.

What to Bring: Comfortable clothes and shoes to run in! We do suggest a water bottle with name on it as they will be outside. Days your child swims, please send a bathing suit and towel.

GET IN TOUCH WITH US!

We love hearing from parents! Here are some of the best ways to get in touch with us.

Tracy Dodrill, Child Care Administrator (252) 972-9622 Ext. 239 or tdodrill@rmymca.org

Adam Crider, Youth Development Coordinator (252) 972-9622 Ext. 223 or acrider@rmymca.org

Harrison Family YMCA / 1000 Independence Drive / Rocky Mount, NC 27803 / (252) 972-9622 / www.harrisonfamilyy.org