

# TODAY'S SCHEDULE

## **10AM-2PM:**

CHILD CARE TOURS

USE THE FACILITY AS A MEMBER

CAUSE-DRIVEN TOURS EVERY HOUR

JOIN AS A MEMBER FOR A \$0 JOIN FEE

DRAWINGS FOR FREE MEMBERSHIPS & MORE!

TODDLER & ROOKIE SOCCER ACTIVITIES IN RACQUETBALL COURT

VENDORS WITH GIVEAWAYS, SCREENINGS, & INFO

- **Harrison Family YMCA:** BMI testing, information, and spin-wheel
- **Key Insurance Solutions:** Understanding your Plan
- **The Roberts Network: Showcasing Health and Nutrition** products with samples
- **Division of Services for the Deaf and Hard of Hearing:** Free Promo Items
- **Sam's Xpress Car Wash:** Prize wheel, coupons, and giveaway items
- **Carolina Donor Services:** Informational and take away items
- **Dental Care Center:** Dental samples & literature
- **Brick Scholars:** Free-building with Lego's
- **Anew Weight Loss Center, PLLC:** physical activity, protein supplements, weight, body fat, & BP measurements
- **Trillium Health Resources:** Game similar to corn hole
- **Ward Specialty Pharmacy:** spinning wheel for a game of chance for prizes
- **DentureCare and Implant Solutions:** Brochures and educational material
- **United Healthcare:** giveaways, healthy snacks, health information

## **GROUP EXERCISE CLASSES: 10:30AM-12:45PM**

**BOOT CAMP | 10:30-11:30 IN STUDIO 1**

**FAMILY CLASS | 1:00-1:30 IN STUDIO 1**

**CYCLE AND CORE | 12:00-12:45 IN STUDIO 1**

## **PICKLEBALL GAME: 12-2PM**

**PICKLEBALL | 12-2 IN FAMILY GYM**