



HARRISON FAMILY YMCA
1000 Independence Drive
Rocky Mount, NC 27804

NONPROFIT
ORGANIZATION
U.S. POSTAGE

PAID

ROCKY MOUNT, NC
PERMIT NO. 290

US: A PLACE FOR ALL TO BELONG

Today, it seems our community is more fractured than ever. Our differences are constantly highlighted and seem to be driving us apart. Our bonds are frayed.

BUT THE Y IS A PLACE WHERE WE CAN ALL BELONG.

We come from many backgrounds and have many voices, but we share a belief. We believe in nurturing the potential of children, helping people live healthier, and supporting our neighbors in need. We believe that together, we can make a stronger community. Your gift to the Y is supporting academic achievement with children who need it most, giving hope via health to adults who didn't believe they could succeed, and fostering access and inclusion so all in our community have a chance to succeed. You are helping to build a better us.

US: IS COMMUNITY

When you donate to the YMCA, you make the communities of the YMCA better and the "us" who live in them stronger.

Youth Development

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y's core values of caring, honesty, respect and responsibility.

Healthy Living

We help people and families build and maintain healthy habits for spirit, mind and body in their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.

Social Responsibility

With our doors open to all, we bring together people from all backgrounds, to support those in need. We take on the most urgent needs in our community and inspire a spirit of service in return. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

Donate for a better us.

Every dollar donated to the YMCA has a lasting impact on the people in our community.

GIVE For a better us.

WAYS TO GIVE:

- Online at <https://www.harrisonfamilyy.org/support-y>
- Stop by your local Y to make a donation
- Mail in this form



US IS A PROMISE

Annual Giving Campaign
HARRISON FAMILY YMCA

THE PATTERSON FAMILY

Sherron Patterson has been a member of the Y for around three years. She originally joined simply looking for somewhere to exercise and know that her children were in a safe place. Sherron now believes that The Y offers so much more for herself and her children and she is appreciative of the support she receives from the Y and the annual campaign. "I became a single mother of two girls and I really wanted them to be able to participate in different activities so that they could thrive. I applied for financial assistance and was approved, helping us become members, get my oldest daughter in gymnastics, afterschool, and summer camp. Receiving financial assistance helps to alleviate some of the stress and financial burdens that I would otherwise face without it. This organization allows me to work towards my health goals, as well as enriching my children's lives at the same time. When my oldest daughter is in gymnastics and I am working out, my youngest is able to go to child watch." After originally joining, Sherron started to participate in various exercise classes, which made exercising easier for her. "Once I became a member, I started participating in things like Zumba and spin class, which were great!" She says the Y has truly been there for her when she needed help. "I think that at the Y, the people listen to what members and community members are interested in and they try to make it available. The staff is amazing; everyone here is nice and is willing to help out those who need it which is what keeps us coming back!"



GIVE TODAY

We have an extraordinary opportunity to ensure a brighter future for our community. Your gift to the YMCA will have a lasting impact in the community by helping us to reach more people through life-changing programs and services.

The Y.™ For a better us.

\$60
 gives a child the opportunity to learn the life-saving skill of swimming or gain confidence during a season of youth sports.

\$150
 sends a child to one week of summer day camp filled with enriching, healthy activities and positive role models.

\$265
 provides one month of before and after school care for a child in need of a safe place to go after the bell rings.

\$480
 gives a senior one year of access to the YMCA where they can connect with new friends and improve their health.

\$860
 provides a year of access to a family in need of a place to belong and build a healthy life together.

\$1,200
 allows people to come together through outreach initiatives including Family Events, Togetherhood Volunteer Program, or Special Needs Programs.

Fill out, detach & mail this pledge card to: HARRISON FAMILY YMCA Attn: ANNUAL GIVING CAMPAIGN, 1000 Independence Drive Rocky Mount, NC 27804

YMCA: Annual Giving Campaign

YES, I WANT TO HELP. HERE IS MY PLEDGE FOR:

My pledge: \$ _____
 ___ One Time ___ Monthly ___ Quarterly
 My gift will be matched by my employer:

I have included, or plan to include, the YMCA in my estate plans.

PAYMENT OPTIONS (please select one option)

My personal pledge of \$ _____ will be paid by: (please choose one)
 ___ Payment enclosed
 ___ Credit Card or bank draft
 ___ Please, call me at: _____
 ___ I plan to pay my pledge from a donor-advised fund
 ___ Please, bill me
 ___ Now for single payment
 ___ Quarterly (Start month: _____)
 ___ Monthly (Start month: _____)
 ___ Other

Name: _____ Signature: _____
 Address: _____
 Email: _____ Phone: _____
 Name as I/we would like to be recognized: _____