REGISTER HERE

Please Print Legibly.

Participant First & Last Name

D/O/B	Age				
Gender (circle one	e)	М	F	Unspecified	
Address					
City	ity Zip				
Phone					
Contact Person *all communication				e following:	
Name					
Phone					
Email					
D/O/B					
Years of Basket	bal	l Expe	rience	(circle one)	
0-1		2-4		5 or more	
Skill Level (circl	e o	ne)			
Beginner	Int	ermed	iate	Advanced	
What do you ho	pe t	o gair	from	these lessons?	
What are you lo					
to release the Harr and sponsors from injuries suffered w also grant permissi	ison any hile on t re o	Family claims partici o the Y btained	YMCA, that ma pating in to use a as part	y arise from	
Signature					
Date					



HARRISON FAMILY YMC, 1000 Independence Drive Rocky Mount, NC 27804 P 252-972-9622 harrisonfamilyY.org





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CONFIDENCE WITH EVERY SHOT

Private Basketball Lessons

HARRISON FAMILY YMCA



MEET MY TRAINER

Jolly Manning was a member of the Rocky Mount High Varsity Basketball Team and received All-Conference. All-Area, All-State, 4a Player of the Year 2002, East-West All-Star 2002, Team Captain, All-Defense, and Team MVP for 3 years.



He achieved a full basketball scholarship to Catawba College where he received All-Defense and All-Conference, was Team Captain, and led Catawba in field goal percentage and blocks.

Jolly won the Distinguished Alumni Award in 2021 and has professional basketball experience playing in Belgium, Iceland, Canada, and for the Harlem Globetrotters where he received several honors as well.

He is currently a personal trainer, high school varsity head basketball, track coach, educator, musician, and Associate Pastor. He is also a community leader and on the Alumni Board at Catawba College. He does basketball camps every summer for youth of all ages and genders in Salisbury, VA, and all over NC.

PERSONAL BASKETBALL LESSONS

This is a co-ed program, offering the chance to gain knowledge, skills, and develop a bond with the game of basketball. We will help young athletes reach their potential and achieve their athletic goals. A basketball trainer will teach the skills that will give each player an advantage on the court! Private, one-on-one sessions are available by the hour or you may purchase five sessions up front. Upon registering, you may specify your desired schedule and the trainer will contact you to find a time that fits you, the trainer, and our facility schedule best.

AGE GROUPS

 $K - 2^{ND}$ GRADE $3^{RD} - 6^{TH}$ GRADE $7^{TH} - 12^{TH}$ GRADE





FEES & INFO

Hourly Sessions \$30/YMCA Members

\$40/Non-Members

5 Session Package

\$125/YMCA Members \$175/Non-Members

- 15% of program fee will be non-refundable should the registration be cancelled by the participant.
- If a client must cancel, they must notify the trainer directly at least 24 hours in advance or it could result in forfeiting a session.
- \$10 fee will be charged for returned payments.

WELCOME TO ALL

Financial Assistance is available to those who apply and qualify. Annual Campaign Funds are raised by staff and volunteers each year to help provide this program to the community. Please ask for a financial assistance form at the front desk or download and print from our website.