REGISTER HERE

Please Print Legibly. Program Fees are monthly and will continue each month if you sign up for EFT Drafts.

Cancellations should be made 30 days in advance. Otherwise, you will need to register each month.

### PARTICIPANT FIRST & LAST NAME

D/O/B	8 Age					
Gender (check one)	□М	□F	□Unspecified			
Address						
City	Zip					
Phone						
Check the class			_			
Beginner Gymnastio		•				
☐ Tues 3:30-4:30		6:30-7:30	☐Thurs 4:30-5:3			
☐ Thurs 5:30-6:30 Intermediate Gymna		elect 1 opti	on below)			
□Gymnastics Pre-Tea	am (selec	t 1 option	below)			
☐ Mon 4:30-6:30		☐ Wed 4:	:30-6:30			
□Gymnastics Privat	e Lessor	ns *5	Schedule w/ coach			
□Check if you woul Draft. A separate fo						
Contact Person Inf 'all communications wi			wing:			
Name						
Phone						
Email						
D/O/B						
hereby consent to to release the Rocky any claims that may participating in the the Y to use any phobbained as part of and promotions.	Mount arise fropramotogram	Family YM om injuries 1. I also gra 1s or video	CA, Inc. from says suffered while ant permission to graphy that are			
Signature						
Date						







FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# BALANCE **COORDINATION CONFIDENCE**

**Recreational Youth** GYMNASTICS

**HARRISON FAMILY YMCA** 



# **RECREATIONAL**

## **GYMNASTICS**

Positive, fun activities that develop athletic ability, advance social development, and strengthen interpersonal skills. Gymnastics classes at the Y are designed to do just that! Build strength and flexibility, enhance fine and gross motor skills, and cultivate creativity, all in a caring and constructive environment.

#### **DEVELOPING CHARACTER**

All of our programs focus on developing the character traits of **Honesty, Caring, Respect and Responsibility**. Staff also work with youth through the following practice areas:

#### 1. EMOTION MANAGEMENT

Adults support youth to be aware of and constructively handle both positive and challenging emotions.

#### 2. EMPATHY

Adults work with youth to relate to others with acceptance, understanding, and sensitivity to diverse perspectives and experiences.

#### 3. PERSONAL DEVELOPMENT

Adults encourage youth to act, persist, and initiate goals and outcomes even through the ups and downs of difficult situations and challenges.

#### 4. RELATIONSHIP BUILDING

Adults foster experiences where youth plan, collaborate, and coordinate action with others.

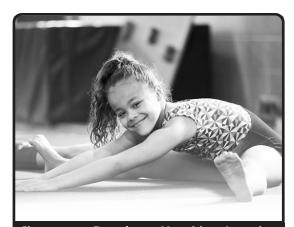
#### 5. RESPONSIBILITY

Adults develop youth to be reliable and committed and to fulfill obligations and challenging roles.

#### **AGES**

3 and up





Class	Days/ Times	Monthly Fees	Location
Beginner Gymnastics (Develop basic skills) *4 options	Tuesdays 3:30-4:30 Tuesdays 6:30-7:30 Thursdays 4:30-5:30 Thursdays 5:30-6:30	\$35/Y Members \$40/ Community Members	Gymnastics Area
Intermediate Gymnastics (rolls, limber, handstand) *3 Options	tics ber, Tuesdays 5:30-6:30 Me 5:30-7:30 Me 6:30-7:30 Me 6:30-7:30 Me 6:30-7:30 Me 6:30-7:30 Me 6:30-7:30 Me 6:30-6:30 Me	\$35/Y Members \$40/ Community Members	Gymnastics Area
Gymnastics Pre-Team (walkovers, tucks, handsprings) *2 Options		\$65/Y Members \$75/ Community Members	Gymnastics Area
Gymnastics Private Lessons	Schedule this with your coach	\$30/Y Members \$40/ Community Members	Gymanstics Area

#### INFO TO KNOW

- 15% of program fee will be non-refundable should the registration be cancelled by the participant
- \$10 fee will be charged for returned payments
- ONLY Participants and coaches are allowed in program areas. All observers must remain outside of the program areas
- No food or drink is allowed in the program areas
- Proper attire: \*No attire requirement for beginner classes
  - Leotard or t-shirt and shorts/leggings
  - No Sneakers
  - Hair should be tied back
- REFUNDS & CANCELLATIONS: If canceled by the Y, a 100% refund will be processed. If canceled by participant, 15% of the program fee will be non-refundable. If a class is canceled due to weather or other uncontrollable circumstances, a makeup class or future credit will be offered. Missed classes due to illness, scheduling conflicts, vacations and other activities will not rescheduled or refunded.

#### **SIGN IN & OUT POLICY**

For all youth programs, ages 10 and under have to be signed in and out by an authorized parent/guardian. See program instructor for sign in/sign out procedures.

#### REGISTRATION

You may register by filling out the form in this brochure or online at <a href="https://harrisonfamilyY.org/programs">harrisonfamilyY.org/programs</a>

#### FINANCIAL ASSISTANCE

Financial Assistance is available to those who apply and qualify. Annual Campaign Funds are raised by staff and volunteers each year to help provide this program to the community. Please ask for a financial assistance form at the front desk or download and print from our website.