



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Competition Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am	Reservations	Reservations	Reservations	Reservations	Reservations	
7:00 am	Reservations	Reservations	Reservations	Reservations	Reservations	
8:00 am	Reservations	Reservations	Reservations	Reservations	Reservations	
9:00 am	Reservations	Reservations - 4 Water Fitness - 4	Reservations	Reservations - 4 Water Fitness - 4	Reservations	
10:00 am	Reservations	Reservations	Reservations	Reservations	Reservations	Reservations
11:00 am	Reservations	Reservations	Reservations	Reservations	Reservations	Reservations
12:00 pm	Reservations	Reservations	Reservations	Reservations	Reservations	Reservations
1:00 pm	Reservations	MAINTENANCE	Reservations	CLOSED	Reservations	
2:00 pm	CLOSED	CLOSED	CLOSED		CLOSED	
3:00 pm						
4:00 pm	Swim Team - 4 Reservations - 4	Swim Team - 4 Reservations - 4	Swim Team - 4 Reservations - 4	Swim Team - 4 Reservations - 4	Swim Team - 4 Reservations - 4	
5:00 pm	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	
6:00 pm	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	
7:00 pm	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	Swim Team - 6 Reservations - 2	
8:00 pm	Deep Clean	Deep Clean	Deep Clean	Deep Clean	Deep Clean	

Rocky Mount Family YMCA, Inc. d/b/a Harrison Family YMCA
1000 Independence Drive, Rocky Mount, NC 27804 (physical address)
PO Box 4063, Rocky Mount, NC 27803 (mailing address)
P 252 972 9622 F 252 972 3580 harrisonfamilyY.org