



### NEED SWIM LESSONS?

Summer Camp participants may add swim lessons for **15% off!**

### How to Register for Camp

You can now easily register online at [harrisonfamilyy.org/programs/summer-camps](http://harrisonfamilyy.org/programs/summer-camps). All waivers are included in your online registration process. Or you may fill out our brief registration form at the Y. These printable forms can also be found online as well. Please call our Child Care office with any questions or concerns.

All parents/guardians will receive a **Welcome letter** prior to the week registered, with any other information you may need.



### Camp Directory

Feel free to contact us in the meantime! We are here to help make you and your child's experience meaningful.

#### Youth Development Office

(252) 972-9622 x.227  
acrider@rmymca.org

#### Child Care Office

(252) 972-9622 x.239, 240, 241  
tdodrig@rmymca.org

#### Aquatics Office

(252) 972-9622 x.235  
kbillups@rmymca.org

#### Gymnastics Office

(252) 972-9622 x.255  
cmizelle@rmymca.org

#### Or Online at

[harrisonfamilyy.org/programs/summer-camps](http://harrisonfamilyy.org/programs/summer-camps)



### Every Child deserves the Best. Summer. Ever

At the Y, we think Summer is a time every child deserves. The learning gap between the end of the school year and the start of the next school year is increasing with each year. To help with this, we want to ensure as many children can participate in Summer Camp as possible. **Financial Assistance** applications are available at the Front Desk or online. Assistance is offered on a first come, first serve basis. **Deadline for applications is Fri, April 27th, 2018.**

Funded in part by:



### Y Summer Day Camp?

Today, day camp is more vital than ever. To deliver on the Y's commitment to nurture the potential of every child and teen, day camp fosters achievement, relationships, and belonging. These are essential dimensions of well-being that the Y cultivates through day camp: **Discovering skills (achievement).**

Campers experience achievement when they try different activities, learn what they like, and discover what they are good at. **Building friendships (relationships).** Campers have the opportunity to form healthy relationships with other children, caring adults, and role models, which helps them feel good about themselves and learn to get along with others. **Finding a place to belong (belonging).** Campers connect through significant camp traditions and rituals that create a sense of belonging, so they feel included, accepted, and part of a community.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BEST SUMMER EVER!



## 2018 SUMMER DAY CAMP

HARRISON FAMILY YMCA

1000 Independence Drive • Rocky Mount, NC  
252 972 9622 • [harrisonfamilyy.org](http://harrisonfamilyy.org)

# GET READY FOR THE BEST SUMMER EVER!

## Harrison Family YMCA Day Camp At-a-Glance

Locations	Harrison Family YMCA
Age Groups	4-5, 6-7, 8-9, 10-14
Sessions	Weeks 1 – 11
Days	Mondays - Fridays
Camp Hours	6:30AM - 6:00PM   YMCA
Weekly Fees	YMCA Members - \$135 *plus membership categories only Non-Members - \$150
Daily Drop-In Fees	YMCA Members - \$40 *plus membership categories only Non-Members - \$45 <ul style="list-style-type: none"><li>2 Day - \$75 /\$90</li><li>3 Day - \$100/\$135</li></ul>

### \*\*Need to know Information\*\*

- Registration and waivers must be completed prior to attending camp.
- Parents/Guardians must sign campers in and out each day with specified sign in/out sheet.
- Campers should bring a swimsuit and towel on their assigned days.
- Breakfast, lunch and 1 snack will be provided.
- Campers should wear comfortable clothing and close-toed shoes.
- Weekly bank draft option is available as preferred payment method.
- Payment or draft authorization is required upon registration.
- Balance for each week is due no later than the Friday prior.

## CAMP SCHEDULE & ACTIVITIES

Each age group will have a weekly schedule that will include the following activities below. Daily schedules create an intentional and well-paced experience for campers.



### Opening and Closing Ceremonies.

Acknowledging the start and end of each day with a ritual gives campers the chance to assemble as one large group, participate in fun and engaging routines, recognize and celebrate campers and counselors, and experience an inclusive and positive social environment.

### Huddle Group.

Getting to know campers' names, interests, and qualities during small-group interactions creates a positive social environment, promotes friendships among campers, and reduces and resolves behavior conflicts and bullying.

### Variety Activities.

Exploring a range of activities throughout the camp session allows campers to discover their interests and talents. Variety activities tend to be more general than mastery activities, focused less on skill building and more on trying new things and connecting with others.

### Crew Service.

Cleanup time or other responsibility activities encourage campers to feel a sense of ownership for maintaining the camp. Crew activities offer a simple and fun way to build character through the Y's core values: caring, honesty, respect, and responsibility.

### Mastery Activities.

Giving campers a chance to select an activity to practice at least three times during a camp week helps them build a sense of achievement. When campers return to an activity with a clear goal in mind, they are able to build skills in that activity.

## KIDS CHOICE MASTERY ACTIVITY OPTIONS

At the beginning of each week, campers will have the opportunity to pick their favorite mastery activity to build on & have fun with! Kids will write down why they picked the activity they did, and will have the chance to reflect on learnings made at the end of each mastery activity. Specific weekly offerings and activities chosen will be communicated to parents the week prior to. **Potential activities offered are listed below.**

Active Arcade / Games

Air & Space Science

Art-rageous

Beads & Bracelets

Beauty School

Biking

Cartooning

Challenge / Obstacle Course

Chess

Creative Crafts

Creative Drama, Poetry & Writing

Coding

Competitive Team Sports

Delicious Delights

Digital Photography

Duct Tape Creations

Full STEM ahead

Gymnastics (offered each week)

LEGO Learning

NERF active play

Outdoor Recreation & Living Skills

Recreational Sports

Rock Climbing Wall

Swim

World Culture

## WEEKLY THEMES & FIELD TRIPS

**Week 1 (June 11-15): Around the World Field Trip– TBA**

Learn about culture, diversity and all of the different places in the world!

**Week 2 (June 18-22): Out of this World Field Trip–Imperial Center**

Take a look at the stars and planets above us as we fly into learning about astronomy and space!

**Week 3 (June 25-29): Science Rocks! Field Trip– Aurora Fossil Museum**

Keep your eyes open as we explore all things science!

**Week 4 (July 2-6): Artful Expression Color Run!**

Discover your creative side with paint, clay, duct tape and more! Get colorful with the Camp Color Run!

**Week 5 (July 9-13): What's Cooking Field Trip– Blueberry Farm**

Chop, whisk, roll and bake while we learn about food and all of it's nutritious and delicious importance for our minds and bodies!

**Week 6 (July 16-20): Back in Time Field Trip–Country Doctor Store**

Enter our time capsule, as we learn how things have evolved throughout time with some history!

**Week 7 (July 23-27): Into the Wild Field Trip– Carolina Tiger Refuge**

Discover the different amazing species of animals in the world!

**Week 8 (July 30-Aug 3): Lights, Camera, Action Field Trip–Tarboro Movie Theater**

Put your creative thinking caps on as we learn about drama, theater and the arts!

**Week 9 (Aug 6-10): On the Farm Field Trip–TBA**

Explore and create with the world around us in this week's nature camp.

**Week 10 (Aug 13-17): Water Works Field Trip–Hillsborough Sports Complex**

Get ready for a week filled with splashes of fun and water!

**Week 11 (Aug 20-24): Giving Back Field Trip–Fire and Police Department**

Learn about social responsibility as we hear from those who do it best!