



NEED SWIM LESSONS?

Summer Camp participants may add swim lessons for **15% off!**

How to Register for Camp

You can now easily register online at harrisonfamilyy.org/programs/summer-camps. All waivers are included in your online registration process. Or you may fill out our brief registration form at the Y. These printable forms can also be found online as well. Please call our Child Care office with any questions or concerns.

All parents/guardians will receive a **Welcome letter** prior to the week registered, with any other information you may need.



Camp Directory

Feel free to contact us in the meantime! We are here to help make you and your child's experience meaningful.

Youth Development Office

(252) 972-9622 x.227
acrider@rmymca.org

Child Care Office

(252) 972-9622 x.239, 240, 241
tdodrill@rmymca.org

Aquatics Office

(252) 972-9622 x.235
kbillups@rmymca.org

Gymnastics Office

(252) 972-9622 x.255
cmizelle@rmymca.org

Or Online at

harrisonfamilyy.org/programs/summer-camps



Every Child deserves the Best. Summer. Ever

At the Y, we think Summer is a time every child deserves. The learning gap between the end of the school year and the start of the next school year is increasing with each year. To help with this, we want to ensure as many children can participate in Summer Camp as possible. **Financial Assistance** applications are available at the Front Desk or online. Assistance is offered on a first come, first serve basis. **Deadline for applications is Friday April 12th, 2019.**

Funded in part by:



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEST SUMMER EVER!

Y Summer Day Camp?

Today, day camp is more vital than ever. To deliver on the Y's commitment to nurture the potential of every child and teen, day camp fosters achievement, relationships, and belonging. These are essential dimensions of well-being that the Y cultivates through camp:

Discovering skills (achievement)

Campers experience achievement when they try different activities, learn what they like, and discover what they are good at.

Building friendships (relationships)

Campers have the opportunity to form healthy relationships with other children, and role models, which helps them feel good about themselves and learn to get along with others.

Finding a place to belong (belonging)

Campers connect through significant camp traditions and rituals that create a sense of belonging, so they feel included, accepted, and part of a community.

2019 SUMMER DAY CAMP

HARRISON FAMILY YMCA

1000 Independence Drive Rocky Mount, NC
252 972 9622 | harrisonfamilyy.org

GET READY FOR THE BEST SUMMER EVER!

Harrison Family YMCA Day Camp At-a-Glance

Locations	Harrison Family YMCA
Age Groups	Pre K-Kindergarten, 1 st -2 nd , 3 rd -4 th , 5 th -6 th , 7 th & up *based on school year just completed.
Dates	May 28-Aug 23 (13 weeks)
Days	Mondays - Fridays
Camp Hours	6:30AM - 6:00PM YMCA *if drop off is needed before 7AM, please notify the childcare office in advance.
Weekly Fees	YMCA Members - \$135 *plus membership categories only Non-Members - \$150
Daily Drop-In Fees	<ul style="list-style-type: none"> 1 Day- Y Members - \$40 *plus membership categories only Community Members - \$45 2 Day - \$80 / \$90 3 Day - \$120 / \$140

NEED TO KNOW INFORMATION

- Registration and waivers must be completed prior to attending camp.
- Parents/Guardians must sign campers in and out each day with specified sign in/out sheet.
- Campers should bring a swimsuit and towel on their assigned days.
- Breakfast, lunch and 1 snack will be provided.
- Campers should wear comfortable clothing and closed-toed shoes.
- Weekly bank draft option is available as preferred payment method.
- Payment or draft authorization is required upon registration.
- Balance for each week is due no later than the Friday prior. Any unpaid openings will become available spots for other participants.
- Any cancellations must be received no later than the Thursday prior to the week registered for to avoid being charged for the week.

CAMP SCHEDULE & ACTIVITIES

Each age group will have a weekly schedule that will include the following activities below. Daily schedules create an intentional and well-paced experience for campers.



Opening and Closing Ceremonies.

Acknowledging the start and end of each day with a ritual gives campers the chance to assemble as one large group, participate in fun and engaging routines, recognize and celebrate campers and counselors, and experience an inclusive and positive social environment.

Huddle Group.

Getting to know campers' names, interests, and qualities during small-group interactions creates a positive social environment, promotes friendships among campers, and reduces and resolves behavior conflicts and bullying.

Variety Activities.

Exploring a range of activities throughout the camp session allows campers to discover their interests and talents. Variety activities tend to be more general than mastery activities, focused less on skill building and more on trying new things and connecting with others.

Crew Service.

Cleanup time or other responsibility activities encourage campers to feel a sense of ownership for maintaining the camp. Crew activities offer a simple and fun way to build character through the Y's core values: caring, honesty, respect, and responsibility.

Mastery Activities.

Giving campers a chance to select an activity to practice at least three times during a camp week helps them build a sense of achievement. When campers return to an activity with a clear goal in mind, they are able to build skills in that activity.

KIDS CHOICE MASTERY ACTIVITY OPTIONS

At the beginning of each week, campers will have the opportunity to pick their favorite mastery activity to build on & have fun with! Kids will write down why they picked the activity they did, and will have the chance to reflect on learnings made at the end of each mastery activity. Specific weekly offerings and activities chosen will be communicated to parents the week prior to.

Potential activities offered are listed below.

Active Arcade / Games

Air & Space Science

Art-rageous

Beads & Bracelets

Beauty School

Biking

Cartooning

Challenge / Obstacle Course

Chess

Creative Crafts

Creative Drama, Poetry & Writing

Coding

Competitive Team Sports

Delicious Delights

Digital Photography

Duct Tape Creations

Full STEM ahead

Gymnastics (offered each week)

LEGO Learning

Outdoor Recreation & Living Skills

Recreational Sports

Rock Climbing Wall

Swim

World Culture

WEEKLY THEMES

Week 1 (May 28-31): Sprit Week

Teams will create camp-themed banners, songs, cheers, and mascots.

Week 2 (June 3-7): Week of Celebration

Celebrate all that normally takes all year to celebrate in one week! Birthdays, holidays, and more!

Week 3 (June 10-14): Competition Week

Get ready for meets, relays, games, and other chances to win a medal!

Week 4 (June 17-21): Future Leaders

Explore your potential this week as you give back through service learning, reach high with team building and grow as a leader.

Week 5 (July 24-28): Engineered for Fun

Get to building as you explore your architectural and engineering potential through STEM based learning and challenges.

Week 6 (July 1-5): Party in the USA

Celebrate America during this red, white and blue packed week! Parades, Olympics, History & more!

Week 7 (July 8-12): Super Hero

Unlock your super powers during this adventure-filled week. Discover the hero in you!

Week 8 (July 15-19): Games, Games, Games

You'll enjoy new games from variations on tag, Ultimate Frisbee®, Minute to Win It activities and favorite game shows!

Week 9 (July 22-26): Y's Got Talent

Find your moment in the spotlight with activities like a lip-sync challenge, dance off, improv skits!

Week 10 (July 29-Aug 2): Super Slimy

Come dressed to get dirty. We will make gack, goop, glop and gump this week!

Week 11 (Aug 5-9): Camper Vs. Counselor

Campers and Counselors will face off in a variety of tasks, activities and games throughout the week, with winners revealed on Friday!

Week 12 (Aug 12-16): Treasure Hunters

Figure out the hidden codes and unlock the riddles. Every day is a mystery, and anything can happen!

Week 13 (Aug 19-23): Camp Rewind

Spend the last week of camp revisiting all of our favorite activities and games as we put the entire summer on rewind.

WEEKLY TRIPS

We will attend super fun trips throughout camp and will send details out before the start of each week about these trips to parents.