



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Main Gym Summer Schedule							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
7:00 AM							
8:00 AM	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Open Gym 7:00 AM – 11:00 AM	
9:00 AM	Line Dance (Ct. 1) Pickleball (Ct. 2)	Open Gym (Ct. 1) Pickleball (Ct. 2)	Open Gym (Ct. 1) Pickleball (Ct. 2)	Open Gym (Ct. 1) Pickleball (Ct. 2)	Open Gym (Ct. 1) Pickleball (Ct. 2)		
10:00 AM - 11:00 AM	Open Gym (Ct. 1) Pickleball (Ct. 2)						
12:00 PM - 9:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym (Ct. 1)	
						Pickleball (Ct. 2)	
						11:00 AM – 2:00 PM	Open Gym
							1:00 PM – 5:00 PM

Rocky Mount Family YMCA, Inc. d/b/a Harrison Family YMCA
1000 Independence Drive, Rocky Mount, NC 27804 (physical address)
PO Box 4063, Rocky Mount, NC 27803 (mailing address)
P 252 972 9622 F 252 972 3580 harrisonfamilyY.org



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Family Gym Summer Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM – 8:00 AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
9:00 AM – 11:00 AM	Summer Camp	Summer Camp	Summer Camp	Summer Camp	Summer Camp	Open Gym 7:00 AM – 2:00 PM	
12:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
1:00 PM – 4:00 PM	Summer Camp	Summer Camp	Summer Camp	Summer Camp	Summer Camp		Open Gym 1:00 PM – 5:00 PM
5:00 – 6:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
7:00 – 9:00 PM		Pickleball		Pickleball			

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