



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Main Gym Summer Schedule							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play		
7:00 AM							
8:00 AM	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Summer Camp 8:30 – 9:00 AM (Ct. 1 & 2)	Basketball Free Play	
9:00 AM	Line Dance (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)		
10:00 AM	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)						
11:00 AM	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	Basketball Free Play (Ct. 1) Pickleball (Ct. 2)	
12:00 PM	Basketball Free Play						
1:00 PM							
2:00 PM							
3:00 pm							
4:00 PM	Summer Camp 4:30–5:00PM (Ct. 1 & 2)	Summer Camp 4:30–5:00PM (Ct. 1 & 2)	Summer Camp 4:30–5:00PM (Ct. 1 & 2)	Summer Camp 4:30–5:00PM (Ct. 1 & 2)	Summer Camp 4:30–5:00PM (Ct. 1 & 2)		Basketball Free Play

Rocky Mount Family YMCA, Inc. d/b/a Harrison Family YMCA
1000 Independence Drive, Rocky Mount, NC 27804 (physical address)
PO Box 4063, Rocky Mount, NC 27803 (mailing address)
P 252 972 9622 F 252 972 3580 harrisonfamilyY.org



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Family Gym Summer Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00 AM	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play			
7:00 AM									
8:00 AM									
9:00 AM	Summer Camp	Summer Camp	Summer Camp	Summer Camp	Summer Camp				
10:00 AM									
11:00 AM									
12:00 PM	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play				
1:00 PM									
2:00 PM	Summer Camp	Summer Camp	Summer Camp	Summer Camp	Summer Camp				Basketball Free Play
3:00 pm									
4:00 PM									
5:00 – 6:00 PM	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play	Basketball Free Play				
7:00 – 9:00 PM		Pickleball		Pickleball					

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