

REGISTER HERE

Please Print Legibly. Program Fees are monthly and will continue each month if you sign up for EFT Drafts. Cancellations should be made 30 days in advance. Otherwise, you will need to register each month.

PARTICIPANT FIRST & LAST NAME

D/O/B _____ Age _____

Gender (check one) M F Unspecified

Address _____

City _____ Zip _____

Phone _____

Check your Weekly Practice Option

- 4 Hours \$105/Month
- 6 Hours \$140/Month
- 8 Hours \$175/Month
- 10 Hours \$210/Month

Check if you would like to sign up for our Monthly EFT Draft. A separate form will need to be filled out.

Contact Person Information:

*all communications will be sent to the following:

Name _____

Phone _____

Email _____

D/O/B _____

I hereby consent to participate in this program and agree to release the Rocky Mount Family YMCA, Inc. from any claims that may arise from injuries suffered while participating in the program. I also grant permission to the Y to use any photographs or videography that are obtained as part of this program for future Y advertising and promotions.

Signature _____

Date _____

HARRISON FAMILY YMCA
1000 Independence Drive
Rocky Mount, NC 27804
P 252-972-9622
harrisonfamilyY.org



NONPROFIT ORGANIZATION
U.S. POSTAGE
PAID
ROCKY MOUNT, NC
PERMIT NO. 290



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RAISE the BAR the 4

Universal Elite COMPETITIVE GYMNASTICS TEAM

HARRISON FAMILY YMCA



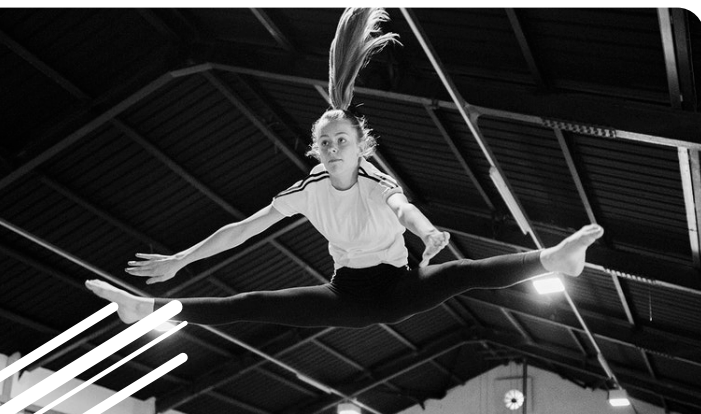
Universal Elite COMPETITIVE GYMNASTICS TEAM

Learn to love the sport of gymnastics at the Y. Competitive Gymnastics helps youth value hard work, reach for excellence and enjoy spirited competition, all while making new friends, improving skills, and being active at the Y!

This is a year round program for competitive gymnasts who wish to compete against outside teams and gymnasts.

Tri-County Arts Complex, owned and operated by June Fenton since 2000, has now joined forces with the Harrison Family YMCA to operate all gymnastics, dance, and cheer programs. Tri-County Arts Competitive Gymnastics Team, Universal Elite, will continue under their same name for competitive meets with the YMCA's competitive gymnastics team members joining under the Universal Elite name as well. All registration, guidelines, activities, and procedures will be operated by the YMCA.

Fenton has taught and coached for 40 or more years in gymnastics, dance, and cheerleading. Her certifications include USAG Professional Women's Gymnastics Certification, Safety and Safe Sport Certification, National Dance Certifications, and National Cheerleaders Association Certification. Fenton and 50 of her students have also performed on Broadway, half-time shows at Russell Athletic Bowl in Orlando, Florida, performed in the Macy's Day Parade, appeared on ESPN, and more. She has taught at USAG National Olympic Training Camps, National Elite Training Camps and has many more amazing accomplishments under her belt.



SEASON SCHEDULE

Practice runs year round on the following schedule with various practice time options available for registration, once the gymnast has been accepted onto the team.

You will register and pay a monthly fee for the number of hours you would like to practice each week. The Coordinator will keep track of your practice hours throughout the program.

The Coordinator will give participant and parent specific meet details as they become available.

WEEKLY SCHEDULE

Gymnasts may attend during any of the following days and times listed below, as long as you don't exceed your registered number of hours.

Day Each Week	Times Each Week
Mondays	2:30 - 5:30 p.m.
Wednesdays	5:00 - 7:00 p.m.
Thursdays	4:30 - 6:30 p.m.
Fridays	3:30 - 7:30 p.m.

REGISTRATION OPTIONS

Practice Options	Monthly Fee
4 Hours/Week	\$105
6 Hours/Week	\$140
8 Hours/Week	\$175
10 Hours/Week	\$210

HOW TO SIGN UP

You may complete this registration form once you have completed and passed an evaluation.

INFO TO KNOW

- All Gymnasts are required to have a YMCA Membership.
- There is a \$5/Month discount for each additional child that registers within your household.
- Healthy snacks will be provided to gymnasts through the Cape Fear Food Program.
- 15% of program fee will be non-refundable should the registration be cancelled by the participant.
- \$10 fee will be charged for returned payments.
- ONLY Participants and coaches are allowed in program areas. All observers must remain outside of the program areas.
- No food or drink is allowed in the program areas.
- Proper attire:
 - Leotard or t-shirt and shorts/leggings
 - Dance Shoes or Bare Feet
 - No Sneakers
 - Hair should be tied back

SIGN IN & OUT POLICY

For all youth programs, ages 10 and under have to be signed in and out by an authorized parent/guardian. See program instructor for sign in/sign out procedures.

FINANCIAL ASSISTANCE

Financial Assistance is available to those who apply and qualify. Annual Campaign Funds are raised by staff and volunteers each year to help provide this program to the community. Please ask for a financial assistance form at the front desk or download and print from our website.

READY TO TRY OUT FOR THE TEAM?

E-mail June Fenton at jfenton@rmymca.org or call 252-972-9622 ext. 255 to set up a time.