



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

APRIL 1ST – 6TH

REGISTER BY MARCH 29

APRIL 8TH – 12TH

REGISTER BY APRIL 5

GET EVEN WITH YOUR INSTRUCTOR!

Group Exercise Role Reversal Annual Campaign Fundraiser

HARRISON FAMILY YMCA

REGISTER AT THE FRONT DESK!

Have you dreamed of getting even with your instructor?

Dreams can come true, for \$1.00 per minute with 5 or 10 minute options, this is your chance! Register for your class of choice and **you become the teacher** for 5 or 10 minutes, with your instructor as part of the class!

The purpose of this role reversal is to have fun with your peers, while also creating awareness and raising funds for our Annual Campaign. Many are unaware of the impact the Y's Annual Campaign makes on lives in our community. Instructors will be talking about the campaign during this time, so we encourage you to help spread the word as well! You may use your teaching time to help educate your classmates on what you know or have learned! Every new person educated is another life changed.

*Includes land and water group exercise classes.

*Talk with the instructor to determine when during that class would be the best time for you to become the teacher.

*Please make sure any of the exercises that you do are still focused on the type and level of class you are in.

HARRISON FAMILY YMCA

1000 Independence Drive Rocky Mount, NC 27804

P 252 972 9622 www.harrisonfamilyY.org

