

REGISTER HERE

Please Print Legibly.

PARTICIPANT FIRST & LAST NAME

D/O/B _____ Age _____

Gender (check one) ☐ M ☐ F ☐ Unspecified

Address _____

City _____ Zip _____

Phone _____

Check the class(es) you are registering for.

- ☐ Beginner: June 3rd - 6th
- ☐ Beginner: June 24th - 27th
- ☐ Beginner: July 15th - 18th
- ☐ Beginner: July 29th - August 1st
- ☐ Beginner: August 12th - 15th
- ☐ Intermediate/Advanced: June 10th - 13th
- ☐ Intermediate/Advanced: July 8th - 11th
- ☐ Intermediate/Advanced: July 22nd - 25th
- ☐ Intermediate/Advanced: August 5th - 8th
- ☐ Intermediate/Advanced : August 12th - 15th

Contact Person Information:

*all communications will be sent to the following:

Name _____

Phone _____

Email _____

D/O/B _____

I hereby consent to participate in this program and agree to release the Rocky Mount Family YMCA, Inc. from any claims that may arise from injuries and/or illness suffered while participating in the program. I also grant permission to the Y to use any photographs or videography that are obtained as part of this program for future Y advertising and promotions.

Signature _____

Date _____

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
ROCKY MOUNT, NC
PERMIT NO. 290

HARRISON FAMILY YMCA
1000 Independence Drive
Rocky Mount, NC 27804
P 252-972-9622
harrisonfamilyY.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STRONGER GYMNASTS

Summer Gymnastics Mini Camps
HARRISON FAMILY YMCA



ABOUT SUMMER GYMNASTICS MINI CAMP

This mini camp will help your gymnast further their gymnastics skills in a welcoming and fun atmosphere. There are various weeks and experience levels available to choose from and outlined below.

DATES & LEVEL OPTIONS

Beginner Camp Options: for gymnasts that want to develop basic skills

- June 3rd - 6th
- June 24th - 27th
- July 15th - 18th
- July 29th - August 1st
- August 12th - 15th

Intermediate/Advanced Camp

Options: for gymnasts that are able to do rolls, limbers, cartwheels and handstands

- June 10th - 13th
- July 8th - 11th
- July 22nd - 25th
- August 5th - 8th
- August 12th - 15th



DAILY SCHEDULE FOR BOTH LEVEL CAMPS

**Mondays - Thursdays from
8:30 a.m. - 12 p.m.**

*On Thursdays camp hours will be 8:30 a.m. - 1:00 p.m. during the last hour from 12-1, there will be a Parent Showcase where parents can view their child's progression from that week.

- 8:30-9:00 Dropoff
- 9:00-10:00 Gymnastics
- 10:00-10:30 Snack Break (snacks provided)
- 10:30-12:00 Gymnastics

WEEKLY FEES

\$105/Week



AGES

Kindergarten to 18 years old*

*Based on grade in August 2024

INFO TO KNOW

- 15% of program fee will be non-refundable should the registration be cancelled by the participant
- \$10 fee will be charged for returned payments
- ONLY Participants and coaches are allowed in program areas. All observers must remain outside of the program areas
- No food or drink is allowed in the program areas
- No shoes or socks are allowed in the gymnastics area, cubbies are provided to hold your belongings during class - please only bring what you need.
- No long jewelry is allowed
- Leotard or t-shirt and shorts/leggings
- Hair should be tied back

SIGN IN & OUT POLICY

For all youth programs, ages 10 and under have to be signed in and out by an authorized parent/guardian. See program instructor for sign in/sign out procedures. (Sign In-out is located on the blue cubbies)

REGISTRATION

You may register by filling out the form in this brochure or online at harrisonfamilyY.org/programs

FINANCIAL ASSISTANCE

Financial Assistance is available to those who apply and qualify. Annual Campaign Funds are raised by staff and volunteers each year to help provide this program to the community. Please ask for a financial assistance form at the front desk or download and print from our website.

