

REGISTER HERE

Please Print Legibly.

Participant First & Last Name _____

D/O/B _____

Gender (circle one) M F Unspecified

Age _____

Address _____

City _____ Zip _____

Email _____

Phone _____

Shirt Size (circle one)

Adult: S M L XL 2X 3X

If registering as an individual, you will be placed on a team and contacted by the program coordinator. **If registering for a specific team, type in that team's name below:**

I hereby consent to participate in this program and agree to release the Harrison Family YMCA, league volunteers and sponsors from any claims that may arise from injuries suffered while participating in the program. I also grant permission to the Y to use any photographs or videography that are obtained as part of this program for future Y advertising and promotions.

Signature _____

Date _____

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
ROCKY MOUNT, NC
PERMIT NO. 290

HARRISON FAMILY YMCA
1000 Independence Drive
Rocky Mount, NC 27804
P 252-972-9622
harrisonfamilyY.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ELEVATE YOUR GAME

**Adult Recreational
Basketball League**

HARRISON FAMILY YMCA



ADULT RECREATIONAL BASKETBALL LEAGUE

Join us for a little friendly competition!

Whether you miss “suing up” or are new to team sports, the Y’s Adult Basketball League provides a perfect opportunity to be active, social and to reconnect or start fresh with a sport you love.

The Y promotes fair rules and safe play, but also supports a healthy competition for those who love basketball and desire to play for recreation. This coed league is open to all skill levels for folks who aren’t afraid to mix it up a bit on the court!



TEAMS

You may sign up as an individual, and we will place you on a team, or you can register as a team. If doing so, please let us know your team name on the registration form. Each team should have at least 5 players.

AGES

18 and up, Co-Ed

REGISTRATION

Register by June 30th

You may register by filling out the form in this brochure or online at harrisonfamilyy.org/programs

SEASON

July 14th - August 4th

Tournament on August 11th

- Games are played on Sundays
- Teams are guaranteed 2 games per Sunday amounting to 8 regular season games and at least one playoff game.



FEES & INFO

\$50/YMCA Members

\$60/ Community Members

\$350/Team (at least 5 players)

- Registration fee includes T-shirt.
- 15% of program fee will be non-refundable should the registration be cancelled by the participant.
- \$10 fee will be charged for returned payments.

WELCOME TO ALL

Financial Assistance is available to those who apply and qualify. Annual Support Campaign Funds are raised by staff and volunteers each year to help provide this program to the community. Please ask for a financial assistance form at the front desk or download and print from our website.

MAKE A DIFFERENCE IN YOUR COMMUNITY

If you are looking for a way to make a difference in your community as well as a way to advertise your business, consider sponsoring this program or a team. Your contribution helps our program become as successful as possible, and helps to create healthier lifestyles in our community. Contact Brett Van Pelt, Wellness Director for more info at bvanpelt@rmymca.org