

BUILDING A HEALTHY WORKFORCE

Corporate Membership
HARRISON FAMILY YMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Increased Productivity
Employee Stress Relief
Better Time Management
Improved Memory Retention
Decreased Employee Absenteeism
Reduced Health Care Costs

The Many Benefits of a Y Membership...

Full Use of the facility
 Aerobics Classes
 Water Fitness Classes
 Open Swim
 Cardio Area
 Free Weights
 Strength Equipment
 Walking Track
 Spa/Sauna

Child Watch Care
 Discovery Zone for the kids
 Program Discounts
 Coach Approach Program
 New Member Orientation
 Loyal Member Recognition
 Racquetball Courts
 Basketball Gym
 Giving & Volunteer Opportunities

With a Corporate Y Membership, you will be advertised as a community partner and will have opportunities to showcase your business in Y events throughout the year.

Please see front desk for membership referral details

Hours of operation: **M-F:5AM-9PM** **SAT:7AM-5PM** **SUN:1PM-5PM**
HARRISON FAMILY YMCA | 1000 Independence Drive Rocky Mount, NC | 252-972-9622 | www.harrisonfamilyY.org

Membership Category	Standard Monthly Rate	Standard Joining Fee	Employee Joining Fee	Corporation pays this much a month	Employee pays this much a month	Description
Young Adult/Student Rate	\$31	\$25	\$0	\$15	\$16	Young adult ages 19 to 29 or full-time student
One Adult	\$42	\$25	\$0	\$15	\$27	One adult ages 30 to 59
Two Adults	\$57	\$40	\$0	\$15	\$42	Two adults living in the same household
One Adult Plus	\$53	\$25	\$0	\$15	\$38	One adult & dependents, 18 & under, living in the same household
Two Adult Plus	\$68	\$40	\$0	\$15	\$53	Two adults & dependents, 18 & under, living in the same household
Three Adult Plus	\$83	\$40	\$0	\$15	\$68	Three adults & dependents, 18 & under, living in the same household
One Senior	\$38	\$25	\$0	\$15	\$23	One adult ages 60 and over
Two Seniors	\$52	\$40	\$0	\$15	\$37	Two adults living in the same household where one is age 60+

